



September 3, 2025

The **Catholic Youth Organization** would like to announce its **Annual Grade School Cross Country Meet on Saturday, October 17, 2026, at Maryville Academy**, located at 1150 N. River Road (Des Plaines, IL). The meet will be **ELECTRONICALLY TIMED**. If your school DOES NOT have an account on Athletic.net, please make sure you create one so you can register for the meet. **The DEADLINE FOR ATHLETES TO BE ENTERED INTO THEIR RACE IS THURSDAY, OCTOBER 15. PLEASE FOLLOW ALL REGISTRATION DEADLINES!**

NO DOGS OR PETS OF ANY KIND ARE ALLOWED ON MARYVILLE ACADEMY PROPERTY!!!

There are two age divisions: JV (6th grade & under) and Varsity (7th & 8th gr). Runners must be 14 years old and under. Boys and girls will compete separately in the Mile (6th grade & under) and 1.5 Mile (7th & 8th grade). **Each athlete may only compete in ONE RACE. JV aged athletes are eligible to compete in the Varsity division for their one event, but not in BOTH divisions.** **The first race will begin at 10:00am** with JV Girls, followed by JV Boys, Varsity Girls, and Varsity Boys. Every runner will receive an award. The top 40 JV athletes and the top 30 Varsity athletes will receive placement awards, as well as the top team in each of the 4 divisions. **If an athlete isn't entered into Athletic.net by October 15, they cannot compete!**

The **entry fee** for the CYO meet is **\$200 (up to 20 athletes) OR \$250 (21 athletes or more)**. Entry Fees may be turned in at the meet on the 17th. Every athlete must turn in a **permission form** for this meet, so **PLEASE distribute them to your athletes & collect them prior to Team Check-in on October 17th.**

If you have any questions, please contact me at CYO. I look forward to seeing you and your athletes at the 2026 CYO Cross Country Meet!

Sincerely,

Kimberly Williams
Program Director



2026 C.Y.O. CROSS COUNTRY MEET
TEAM REGISTRATION FORM

Please PRINT all information COMPLETELY

SCHOOL NAME: _____

COACH'S NAME: _____

ADDRESS: _____

CITY: _____ ST _____ ZIP _____

CELL # () _____ ALTERNATE # () _____

Email: _____

Up To 20 Athletes = \$ 200.00

21 or more Athletes = \$ 250.00

TOTAL ENTRY FEE = \$ _____ (CHECK # _____)

Make all checks / money orders PAYABLE TO "CYO".

**Please turn in payments during Team Registration on October 17th
(with the Team Registration Form and Permission forms)**

You may also MAIL your registration BEFORE OCTOBER 9th to:

**CATHOLIC YOUTH ORGANIZATION
1658 W. Grand Avenue
Chicago, Illinois 60622
ATTN: Kimberly Williams**



PLEASE PRINT ALL INFORMATION LEGIBLY!!

PARENTAL / LEGAL GUARDIAN AUTHORIZATION - Required for ALL Participants

I hereby give permission for my child, _____, to participate in the **Catholic Youth Organization Cross Country Meet on Saturday, October 17, 2026, at Maryville Academy.** (I understand that this event includes running, stretching, and other skills.) There is an inherent risk in cross country. Injuries include but are not limited to sprained ankles, muscle pulls, injury to joints, bones, ligaments & tendons, neck & back injuries and even death. In an effort to make the event run more safely, it is vital that all athletes follow the directions given.

I hereby release and indemnify the Catholic Youth Organization, its Cross-Country program, staff, volunteers, Maryville Academy, and the Catholic Bishop of Chicago, a corporation sole, from all and all liability arising from claims of any kind or nature whatsoever, from my child's participation in this program. I also authorize and give consent to Maryville Academy and Catholic Youth Organization (CYO) to photograph or take video images of my child(ren) for educational and / or publicity purposes. I agree to hold Maryville Academy and the Catholic Youth Organization (CYO) harmless from any claims of damage or harm regarding the use any such photographs or video images.

Participant's School _____

PRINT Name of Parent/Legal Guardian _____

Participant's Age _____

/ /
Date of Birth

SIGNATURE of Parent/Legal Guardian _____

Circle Gender: Female

Male

ADDRESS (include Apt #, if applicable) _____

Circle Division: JV (6th & U)

V (7th/8th)

CITY, STATE, AND ZIP CODE _____

Circle Grade: 3 4 5 6 7 8

(_____) _____
CELL # for PARENT/ LEGAL GUARDIAN

EMAIL for PARENT/ LEGAL GUARDIAN _____

MEDICAL AUTHORIZATION ** This section must be COMPLETELY FILLED OUT!

I grant permission for the administration of first aid to my child, _____
BY THE PEOPLE IN CHARGE OF THE CYO MEET and those transporting my child to and from the program as their judgment deems advisable. I grant the people in charge of the event the permission to make the necessary referrals to qualified physicians for treatment of illnesses or accidents of a more serious nature. I understand that I will be promptly notified in the event of any serious illness or accident and prior to any major surgery, except when a delay in such communication would endanger life. In case of a medical emergency, I understand that every effort will be made to contact the parent/legal guardian of the participant. In the event I cannot be reached, I hereby grant permission to the physician selected by the adult staff to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery, if deemed necessary, for my child.

Signature of Parent/Legal Guardian: _____ **Date:** _____

Family Physician: _____ **Phone** (_____) _____

INSURANCE INFORMATION ** This section must be COMPLETELY FILLED OUT!

Policy in the Name of: _____

Insurance Company: _____ **Policy Number:** _____

CHECK LIST FOR THE CYO MEET

1) CREATE AN ACCOUNT WITH ATHLETIC.NET

- ✓ **PLEASE set up your account BEFORE the registration deadline!**
https://support.athletic.net/article/2ngw43npwr-creating-your-account-on-athletic-net?utm_campaign=header&utm_source=header&utm_medium=search
- ✓ **Check for a confirmation email from Athletic.net**
 - **If you aren't invited by Athletic.net, you can't enter your athletes into their races.**
 - Find "CYO XC Meet" in your account. Enter your athletes into their race.
 - **At the CYO Meet, 7th grade athletes must be registered as "Varsity".**
 - **Make sure you enter each athlete into ONLY 1 RACE.** Once you have completed this step, double check your work and search by name OR division to view who's entered in each race.
 - **JV athletes (6th Grade & under) are eligible to compete in the Varsity division (7th & 8th Gr.) for their one event, but not in BOTH divisions.**
 - **CONTACT ME ASAP** if you can't complete this process.
I'll need the EXACT way you entered your School Name when you set up your Athletic.net account.
- ✓ **To Enter Athletes into Athletic.net:**
https://support.athletic.net/article/g3l6e4jp3z-uploading-a-roster?utm_campaign=header&utm_source=header&utm_medium=search
 - Uploading from an Excel spreadsheet is the best / easiest way.
 - Make sure you list athletes under the **correct info for Gender (M or F), Grade, DOB, and Division (JV = 6th & under; Varsity = 7th & 8th gr)**
 - Add a column for Division on your spreadsheet.
 - **If an athlete isn't entered into Athletic.net by October 16, they are not eligible to compete!**

First Name	Last Name	Gender	Grade	DOB
Dan	Smith	M	12	12/5/2000
John	Davidson	M	9	10/8/2004
Ben	Jones	M	10	5/5/2003
Sally	Smith	F	11	9/16/2001
Patricia	Johnson	F	10	2/2/2002
Charity	Jones	F	12	8/8/2000

- ✓ **OCTOBER 16 IS THE FINAL DAY TO EDIT YOUR ROSTER.**
NO CHANGES WILL BE ACCEPTED AFTER THIS DATE, TO ALLOW ENOUGH TIME FOR EACH RACE TO BE FINALIZED.
- ✓ **Due to the online entry process, ON-SITE REGISTRATION & RACE ADJUSTMENTS WILL NOT BE AVAILABLE!**

2) **MARYVILLE / MEET DETAILS**

- ✓ **Maryville Academy is PRIVATE PROPERTY!! NO DOGS or PETS ARE ALLOWED ON SITE so PLEASE tell parents & fans to LEAVE PETS AT HOME!!! This rule will be STRICTLY ENFORCED, and violations could result in DISQUALIFICATION!! The rule protects everyone at the meet.**
- ✓ **Check-in / Registration begins at 8:30am; First race starts at 10:00am**
 - JV Girls will run first, then JV Boys, Varsity Girls, and Varsity Boys
 - Races will be approx. 10 - 15 minutes apart.
 - **At the CYO Meet, 7th graders must be registered as "Varsity".**
- ✓ **I will need assistance setting up the course at 7:30am on the morning of the meet. PLEASE let me know if you can assist with course set-up.**

3) **PAPERWORK**

- ✓ **Distribute the Permission Forms to your athletes prior to the meet**
 - **Collect ALL forms before arriving at Maryville on October 17**
 - Bring the **Team Registration form, Permission forms, and Team Entry fee to the Registration Table** and you'll receive your Team Envelope.
 - Coaches **MUST TURN IN BIBS OF ABSENT ATHLETES!** Following this procedure will cut down on errors in the timing process (ie. Coaches have unused bibs in their pockets & phantom times get recorded).

4) **AWARDS**

- ✓ **All awards will be distributed after each race.**
- ✓ A Team Championship Trophy will be awarded in each of the 4 divisions.
- ✓ In the JV (6th & under) divisions, the TOP 40 finishers receive a placement award (Trophies for top 10, medals for 11th – 20th, and ribbons for 21st – 40th).
- ✓ In the Varsity (7th & 8th gr) divisions, the TOP 30 finishers receive a placement award (Trophies for top 10, medals for 11th – 20th, and ribbons for 21st – 30th).
- ✓ Athletes who do not receive placement awards will receive a participation award.

5) **COVID PROTOCOLS (IF APPLICABLE):**

- ✓ **ALL visitors to Maryville are required to stay home if they feel sick or have any of the symptoms of COVID-19 (temperature >100.4F/37C, fevers, chills, cough, muscle aches, headache, sore throat, runny nose, nausea, vomiting, diarrhea, or loss of taste or smell). Protocols may require people to maintain social distance and wear masks (when required),**
- ✓ **Teams should follow the COVID guidelines set forth by their school.** This also includes coaches and spectators / families / fans.

6) **REMINDER** - **NO DOGS or PETS ARE ALLOWED ON SITE. Maryville Academy is PRIVATE PROPERTY where people live onsite!!**